

# Mobility Sports

## Sled and Stick Measuring Guide

<b>Frame Length</b>		<ul style="list-style-type: none"> <li>• Measure from wall to bottom of feet.</li> <li>• Make sure legs are in a comfortable playing position.</li> <li>• We recommend a slight bend to help absorb impacts.</li> </ul>
<b>Bucket Width</b>		<ul style="list-style-type: none"> <li>• Put a book on each side at the widest part of the hips and measure between the books.</li> <li>• Please do not use wheel chair cushion to determine bucket width.</li> </ul>
<b>Bucket Length</b>		<ul style="list-style-type: none"> <li>• Measure from the wall to just above the knees.</li> </ul>
<b>Frame Width</b>		<ul style="list-style-type: none"> <li>• With feet tight together, measure the width of the bottom of the feet at the wide part of the heel of the feet.</li> </ul>
<b>Blade Width</b>		<ul style="list-style-type: none"> <li>• Available from 1/2 inch to 5 inches in 1/2 increments</li> </ul>
<b>Stick Length</b>		<ul style="list-style-type: none"> <li>• Measure from floor to chin and then add 4 inches, this is the length of stick required.</li> <li>• 65cm = 25.5 in</li> <li>• 75cm = 29.5 in</li> <li>• 85cm = 33.5 in</li> <li>• 100cm = 39.5 in</li> </ul>
<b>Player Height</b>		
<b>Player Weight</b>		
<b>Disability</b>		<ul style="list-style-type: none"> <li>• This is not necessary, but does provide us with a better understanding of player</li> </ul>

